Ryan L. Maycock, PhD

Counselor Education and Supervision
Email: ryanmaycockphd@gmail.com

Professional Summary

License-eligible counselor with more than 14 years of professional experience in mental health counseling, counselor education, high school and college teaching, and creating and implementing academic support initiatives. Experienced in developing curriculum, implementing treatment plans, and providing individual and group therapy. Strong focus on supporting underrepresented populations and anyone needing support in various spaces and stages of life. Aiming to enhance student learning and therapeutic outcomes.

Education

PhD, Counselor Education and Supervision (CACREP Accredited)
East Texas A&M University, Commerce, TX
December 2025

Master of Science, Counseling (CACREP Accredited)
Texas A&M University-Commerce, Commerce, TX
August 2016

Bachelor of Science, Psychology (Minor: Sociology)
Texas A&M University-Commerce, Commerce, TX
December 2012

Work Experience

Substitute Teacher
Mesquite Independent School District, Mesquite, TX
October 2026 – Present

- Deliver instruction from the regular teacher's lesson plans across grade levels and subject areas
- Manage classroom behavior and maintain a safe, structured, and respectful learning environment
- Take attendance and follow campus safety, emergency, and reporting procedures
- Supervise students during class transitions, lunch, and other assigned duties
- Adapt instruction and support to meet the diverse learning needs of students
- Build rapport with students and refer concerns to campus counselors and administrators
- Leave detailed notes for the regular teacher on lessons covered, attendance, and student behavior
- Follow Mesquite ISD policies and the direction of campus administrators

Supervisor Residential Counselor
Upward Bound Pre-College Summer Program, Commerce, TX
June 2026 – August 2026

- Worked directly with the TRiO Executive Director to plan and carry out staff training, student placement, and student and staff support
- Created plans of action for staff and student conduct
- Monitored student and teacher progress
- Created and oversaw residential staff progress evaluations
- Oversaw 30+ high school students and 8+ staff in the residential hall

- Supervised all residential counseling staff
- Drafted reports for the Program Director and Guidance Counselor
- Facilitated academic and non-academic programs within the residential community
- Ensured the safety of program participants and followed all reporting guidelines

Substance Use Clinical Intern
Youth 180 Texas, Dallas, TX
September 2024 – December 2025

- Conducted client intake interviews
- Conducted individual, group, and family sessions
- Implemented treatment plans for clients
- Used treatment modalities aligned with clients' therapeutic goals
- Provided timely reports of notes and records to the appropriate state health services
- Conducted client consultations with therapists
- Attended weekly staffing with the Director, lead clinicians, and support staff
- Recorded session notes

Lead Residential Counselor
Upward Bound Pre-College Summer Program, Commerce, TX
June 2025 – August 2025

- Oversaw 70+ high school students in a residential hall
- Supervised Residential Peer Counselor staff
- Drafted reports for the Program Director and Guidance Counselor
- Facilitated academic and non-academic programs within the residential community
- Carried out assigned overnight and on-call duties
- Ensured the safety of program participants and followed all reporting guidelines

Instructor of Social & Emotional Learning
Upward Bound Pre-College Summer Program, Commerce, TX
June 2024 – August 2024

- Created lesson plans and taught 10th–12th grade high school students on social awareness, self-management, relationship skills, decision making, and self-awareness
- Facilitated student classroom activities and discussions
- Took attendance during each class period
- Graded student assignments and provided feedback
- Monitored student behavior in the classroom and summer program
- Reported directly to the program's Executive Director
- Facilitated daily mental health and wellness activities

Graduate Assistant Research (GAR)
East Texas A&M University, Commerce, TX
Supervisor: Dr. Tomas Espinosa, Assistant Professor, Bilingual Education
October 2023 – June 2024

- Assisted with research manuscripts for submission to various publications
- Assisted with drafting conference session proposals
- Identified relevant research themes in bilingual education and counseling

Mental Health Counselor
Yale University, Yale Young Global Scholars (YYGS), New Haven, CT
June 2023 – August 2023

- Worked under the direct supervision of a Medical Doctor (MD) and Registered Nurse (RN)
- Created intake and referral protocols
- Used treatment modalities to help clients meet their therapeutic goals
- Provided individual therapy
- Recorded session notes
- Used Canvas programs

Residential Peer Counselor
Upward Bound Pre-College Summer Program, Commerce, TX
June 2022 – August 2022

- Supervised 30+ campers
- Facilitated academic and non-academic programs
- Carried out assigned overnight and on-call duties
- Ensured the safety of program participants and followed all reporting guidelines

Instructor Counselor
TRiO Student Support Services, East Texas A&M University, Commerce, TX
October 2016 – September 2022

- Assisted the Director in the day-to-day operations of the program
- Assisted in planning and implementing workshops
- Coordinated and implemented program recruitment initiatives
- Supported students in reaching their academic, personal, and professional goals

Clinical Counseling Intern
East Texas A&M University, Community Counseling & Psychology Clinic, Commerce, TX
September 2015 – August 2016

- Conducted client intake interviews
- Provided individual, group, couples, and family therapy
- Implemented treatment plans for clients
- Used various therapeutic techniques to best meet clients' therapeutic goals
- Conducted client consultations with therapists
- Attended weekly staffing with the Clinic Director and therapists
- Recorded session notes

Teaching Experience

Practicum Supervisor / Co-Teacher
East Texas A&M University, Commerce, TX
Counseling 551: Practicum (Instructor of record: Dr. Elizabeth Hudson)
Spring 2025 and Fall 2025

Course focus: integration of process, conceptual, professional, and personal skills, with extensive supervised experience in a setting closely aligned with the student's chosen program.

- Helped deliver course material to graduate counseling students
- Collaborated with colleagues and mental health professionals to enhance student learning
- Provided individual and group supervision to current practicum students

Co-Teacher
Texas A&M University-Commerce, Commerce, TX
Counseling 528: Group Counseling (Instructor of record: Dr. James Devlin)
Spring 2023

Course focus: group development, dynamics, and theories in group counseling, including leadership styles, techniques, roles, and ethical issues in group interventions.

- Prepared and taught course curriculum for graduate counseling students
- Collaborated with colleagues and mental health professionals to enhance student learning
- Advised students on course content, as approved by the instructor of record

Honors and Awards

Association for Counselor Education & Supervision (ACES) Diversity Scholarship
ACES
2025

Supports diverse student and new professional members in attending an ACES Region Conference, based on the opportunity's relevance to the applicant's work, financial need, and contributions to their community and to ACES.

Good Neighbor Scholarship
Texas Higher Education Coordinating Board
2022, 2023, 2024, 2025

Awarded by the State of Texas to deserving students from underrepresented countries in the Western Hemisphere.

Ruth Ann White Endowment
East Texas A&M University, Counseling Department
2023, 2024, 2025

Awarded to outstanding graduate students in counseling.

Igniting Our Nation (ION) Bahamas Scholarship
Igniting Our Nation (ION)
2022, 2024

Awarded to outstanding college students worldwide.

William E. Truax Scholarship
East Texas A&M University, Counseling Department
2023

Awarded to outstanding graduate students in counseling.

Dr. Harold Murphy Memorial Scholarship
East Texas A&M University, Counseling Department
2023, 2024

Awarded to outstanding graduate students in counseling.

David Talbot Scholarship
East Texas A&M University
2024
Awarded to outstanding graduate students.

Presentations

Presenter, Southern Association for Counselor Education & Supervision (SACES)
Louisville, KY | November 5–7, 2026
Title: Your Presence Is Your Power! Advocacy In Action
Roundtable session in which attendees identify what makes them unique and learn how faculty and educational staff can mentor and support advisees. Mentees learn to advocate for the support they need, and advisors listen and create actionable support.

Co-Presenter, Texas Association for Counselor Education and Supervision (TACES) 2026 Mid-Winter Conference (Submitted)
Georgetown, TX | March 5–6, 2026
Title: Can I Count On You?: Mentorship, Advocacy & Support for International Students and Faculty in CACREP Accredited Programs
Interactive roundtable in which International Doctoral Students, International Master's Students, and International Faculty in CACREP programs share how mentorship, advocacy, and support shaped their experiences, with actionable ways attendees can support these and other minority populations.

Presenter, Chi Sigma Iota (Epsilon Tau Chapter) Lunch & Learn Presenter Series
Virtual | December 2025
Title: It's Not You. It's Me. (Maybe): Having Boundaries In Your Personal and Professional Life
Attendees learn the types of boundaries, which categories they currently fall into, and how to establish the boundaries they want, through interactive activities.

Presenter, Association for Counselor Education & Supervision (ACES) National Conference
Philadelphia, PA | October 2025
Title: Pathways to Equity: Supporting African American Males in Master's and Doctoral Counseling Programs
Integrates empirical research, theoretical models, and practical applications to address systemic barriers African American males face in graduate counseling programs, emphasizing institutional accountability, culturally sensitive support services, and mentorship for academic persistence.

Co-Researcher and Presenter, National Association for Bilingual Education (NABE) International Conference
Atlanta, GA | February 2025
Title: Anxiety Level of Pre-Service Teacher in Bilingual Education Classrooms
Explores the sources, implications, and coping strategies of anxiety among pre-service teachers in bilingual classrooms, and how educational programs can better support them.

Professional Service

- Advisor, Caribbean Students Association (CaribSA), Texas A&M University-Commerce
- International Student Liaison, Counselors for Social Justice (CSJ), Texas A&M University-Commerce Chapter
- Treasurer, Bilingual Education Student Organization (BESO), East Texas A&M University
- Member, Chi Sigma Iota (CSI) Counseling Academic & Professional Honor Society, Epsilon Tau Chapter, East Texas A&M University
- Member, Association for Counselor Education & Supervision (ACES)